Chess as a Therapeutic Tool and Social Inclusion Strategy

Olimpia Chess Academia

Every move on the board can spark a life-changing journey

By Pep Suárez







Introduction

- With two decades of experience, we have witnessed firsthand the transformative power of chess as a tool for education, therapy, and social inclusion
- 3 Impact on Vulnerable Groups

2 Chess Transforms Lives



Chess and Autism Spectrum Disorder (ASD)



FIDE Collaboration

Adapted Sessions for Children with ASD



Impact

Over 90 Families Benefited in Spain



Real Story

First Meaningful Social Interaction

Through Chess





Prevention of Cognitive Decline

Collaborators

Fundación La Caixa and Local Councils of the Balearic Islands

Objective

Stimulate Memory and Prevent Decline in Older Adults

Results

750+ Participants Report
Improvements in Attention and
Memory





Chess and Cancer



Reduce Stress and Foster Resilience

Sessions in Three Regions (Menorca, Mallorca and Ibiza

Emotional Support Testimonials



Chess Against Social Isolation

ONCE Collaboration

Inclusive Classes with Adapted Chessboards

Results

Social Integration of 100+ Participants

Ongoing Programs

Continuous Support for Individuals with Visual Impairments



Chess in Correctional Facilities

17 Years in Menorca Prison

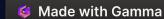
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Promoting Social Reintegration

200+ Participants

Testimonials of Transformative Experiences



Organization of International Conferences

2 2024: Chess, Education, and Health
Menorca

2025: Therapeutic Chess
Innovative Projects and Workshops

Purpose

Knowledge Exchange and Network Expansion



Our Proposal to the FIDE Social Commission

1	Expanding Current Programs
2	Technical and Financial Support from FIDE
3	Replication in New Regions and Groups
4	TTransforming More Lives Through Chess



Conclusion

"Each move on the board can spark a journey that changes lives."

Thank you for considering our initiatives.

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Feel free to reach out to us for more information or collaboration opportunities!



