

Chess as a Therapeutic Tool and Social Inclusion

Strategy

Olimpia Chess Academia

Every move on the board can spark a life-changing journey

P By Pep Suárez

*Olimpia
Chess Academia*





Introduction

1

With two decades of experience, we have witnessed firsthand the transformative power of chess as a tool for education, therapy, and social inclusion

3

Impact on Vulnerable Groups

2

Chess Transforms Lives



Chess and Autism Spectrum Disorder (ASD)



FIDE Collaboration

**Adapted Sessions for Children with
ASD**



Impact

Over 90 Families Benefited in Spain



Real Story

**First Meaningful Social Interaction
Through Chess**



Prevention of Cognitive Decline

Collaborators

Fundación La Caixa and Local
Councils of the Balearic Islands

Objective

Stimulate Memory and Prevent
Decline in Older Adults

Results

750+ Participants Report
Improvements in Attention and
Memory



Chess and Cancer

1

Asociación Nacional Contra el Cáncer

2

Reduce Stress and Foster Resilience

3

Sessions in Three Regions (Menorca, Mallorca and Ibiza)

4

Emotional Support Testimonials



Chess Against Social Isolation

ONCE Collaboration

**Inclusive Classes with
Adapted Chessboards**

Results

**Social Integration of 100+
Participants**

Ongoing Programs

Continuous Support for Individuals with Visual Impairments



Chess in Correctional Facilities

1

17 Years in Menorca Prison

2

Promoting Social Reintegration

3

200+ Participants

4

Testimonials of Transformative Experiences

Organization of International Conferences

1

2024: Chess, Education, and Health

Menorca

2

2025: Therapeutic Chess

Innovative Projects and Workshops

3

Purpose

Knowledge Exchange and Network Expansion

Our Proposal to the FIDE Social Commission



Conclusion

"Each move on the board can spark a journey that changes lives."

Thank you for considering our initiatives.

Contact:

- **Email:** info@olimpiachessacademia.com
- **Whatsapp:** +34699883299
- **Social Media:**

https://www.facebook.com/capdexurochess?locale=es_ES

Feel free to reach out to us for more information or collaboration opportunities!

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